

## Methodological Aspects Regarding the Interactions Between Microflora and Neuropsychiatric/Metabolic Disorders

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**Abstract.** *Considering that intestinal microbiota a key factor in regulating the brain-intestinal axis and is also involved in the development and proper functioning of the hypothalamic-pituitary-adrenal axis, numerous studies have turned their attention to the composition of digestive microflora in most of the neuropsychiatric disorders. Same goes for the metabolic deficits, which could be correlated with some microbiome dysfunctions, as well as with most of the existent neuropsychiatric deficiencies. In this context, considering also our group recent experience in this area of research, we are describing here some methodological aspects regarding the interactions between microflora and neuropsychiatric/metabolic disorders.*

**Keywords:** methodology, microflora, neuropsychiatric, metabolic.

**DOI** [10.56082/annalsarscibio.2023.1.82](https://doi.org/10.56082/annalsarscibio.2023.1.82)